

WE DO SIMPLE THE BEST —
NO B.S — NOTHING FANCY —
JUST HONEST GOODNESS SINCE 2013



SERVING THE COMMUNITY
ALWAYS HAVE ALWAYS WILL

→ ALL DAY BREKKIE ←

BREKKIE BURGER	18.5
Bacon, fried egg, tasty cheese, fresh spinach, sriracha mayo, hashbrown, brioche bun Add Halloumi +5.5	
HONEY RICOTTA PANCAKES ^(V)	22.0
Ricotta pancakes, honey anglaise, palm sugar sand, balsamic roasted strawberries, honeycomb, double cream	
AVOCADO TOAST ^(V)	19.5
Diced avocado, Persian feta, cherry tomato, hummus, dill, chilli flakes, multigrain Add Poached egg +3.0 / Add Halloumi +5.5	
EGGS BENEDICT	20.5
Bacon, burnt butter hollandaise, spinach, poached eggs, sourdough Add Hashbrown +4.0 / Change to Via Porta Croissant +4.0	
BAKED EGGS ^(V)	23.5
Mediterranean sauce, Persian feta, poached eggs, dukkah, soft herbs, long toast	
WINTER MUSHROOMS ^(V)	22.5
Seasonal mushrooms, burnt eggplant puree, miso butter, pickled red onion, poached egg, sourdough	
ROCKET FUEL ^(GF)	22.0
Poached eggs, avocado, rocket, toasted pumpkin seeds, fresh chilli, lemon, GF bread	
CHORIZO CHILLI SCRAMBLED ** contains peanut	21.0
Chorizo, crispy chilli oil, spring onion, coriander, multigrain Add Halloumi +5.5 / Change to Via Porta Croissant +4.0	
SAUTEED GREENS ^(V) ** contains mixed nuts	21.5
Persian feta, sauteed kale, broccoli, poached egg, pumpkin puree, walnut pesto, dukkah, multigrain	
SALMON ON THE RYE ** contains walnuts	22.5
Seared salmon, poached egg, walnut pesto, cream cheese, dill, dark rye	
ST ROSE BIG BREKKIE	23.5
Choice of eggs, bacon, roasted tomato, mushrooms, halloumi, spinach, hashbrown, sourdough Please note — no changes	

→ KEEP IT SIMPLE ←

TOAST ^(V)	7.5
Choice of sourdough or multigrain served with vegemite or peanut butter or preserves Fruit Toast +1.5 / Gluten Free Option +2.0	
EGGS ON TOAST	12.5
Choice of eggs (poached, scrambled, or fried) on sourdough Gluten Free Option +2.0	
→ SIDES ←	
PREMIUM SCOTCH FILLET	+9.5
TATAKI SALMON / SEARED SALMON	+8.0
GRILLED CHICKEN / CHORIZO	+6.0
AVOCADO / GRILLED HALLOUMI / BACON	+5.5
PERSIAN FETA / ROASTED TOMATO / SAUTEED GARLIC MUSHROOMS	+5.0
SAUTEED SPINACH / HASHBROWN	+4.5
→ BOWLS ←	
LEMON MERINGUE PORRIDGE ^(V)	18.5
Organic oats, lemon curd, cinnamon crumble, Italian meringue, buckwheat - An icon on the menu	
ACAI BOWL ^(VE / GF) ** contains peanut	20.5
Blended bowl with almond milk, banana, orange, strawberry, passionfruit, organic crumble, coconut flakes, chia seeds, peanut butter Add Nutella +2.0 / Extra Peanut butter +2.0	
SUSHI BOWL ^(DF)	22.5
Tataki salmon, avocado, brown rice, poached egg, edamame, nori, togarashi seasoning, pickled ginger, daikon, kewpie mayo, housemade soy suace	
SALMON TERIYAKI SALAD ^(GF)	22.0
Seared salmon teriyaki, edamame, cabbage, carrots, spinach, quinoa, currants, sesame, tamari almond crunch	
CHICKEN SUPREME SALAD ^(GF)	22.0
Grilled chicken tenderloin, halloumi, salad leaves, cabbage, fennel, radish, toasted pumpkin seeds, salsa verde, soft herbs, honey mustard dressing	
SUPERFOOD SALAD ^(GF)	20.0
Shredded kale, quinoa, avocado, granny smith, halloumi, almonds, chia, lemon, hummus Add Grilled chicken +6.0 / Add Seared salmon +8.0	

→ SOMETHING MORE ←

CHOPPED CHEESE	20.0
Diced grass fed beef, double American cheese, grilled onions, tomato, shredded lettuce, jalapeno, mayo, tomato sauce, long roll Add Bacon + 5.5 Add Chips +5.0	
STEAK SANDWICH	21.0
Premium Scotch steak, tasty cheese, cos, tomato, caramalised onion, housemade tomato relish, mayo, pita roll Add Chips +5.0	
THE OG SCHNITZEL WRAP	15.5
Schnitzel, caramalised onion, cheddar, lettuce, mustard aioli Add Chips +5.0 - Also iconic at St Rose	
→ THE GOOD STUFF ←	
THICK CUT CHIPS	10.0
House seasoning, mustard aioli and tomato sauce	
SWEET POTATO CHIPS	12.0
House seasoning, mustard aioli and tomato sauce	
→ LITTLE PEEPS ←	
KIDS AVOCADO TOAST	9.5
Spread of fresh avocado on sourdough	
KIDS EGG ON TOAST	9.0
Choice of egg on sourdough	
PANCAKE STACK WITH ICE CREAM	10.0
pancake stack with ice cream, sprinkles and syrup on side	
HAPPIER MEAL	13.5
Sliced chicken schnitzel, chips and pop top	
UNICORN MILKSHAKE	5.0
Choice of chocolate, vanilla, or strawberry	

(V)-VEGETARIAN (VE)-VEGAN (GF)-GLUTEN FREE (DF)-DAIRY FREE
SERVICE SURCHARGE — 10% SUNDAYS 15% PUBLIC HOLIDAYS

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→ COFFEE ←

WHITE FIVE SENSES DARKHORSE BLEND	4.5
BLACK FIVE SENSES ROTATING SINGLE ORIGIN	4.5
BATCH BREW FIVE SENSES ROTATING SINGLE ORIGIN	5.5
COLD BREW	5.5
ICED LONG BLACK	5.5
ICED LATTE	6.0
ICED MOCHA	6.0
ICED COFFEE (SERVED WITH ICE CREAM)	6.5
ICED SPICED CHAI	6.0
ICED SOY PRANA CHAI	6.0
ICED CHOCOLATE (SERVED WITH ICE CREAM)	6.0
ADD	0.5
STRONG / DECAF	
BONSOY SOY	
MILKLAB ALMOND	
ALTERNATIVE DAIRY CO. OAT	
MILKLAB COCONUT	
MILKLAB LACTOSE FREE	

→ NON - COFFEE ←

SOY PRANA CHAI (leaf) - contains honey	6.0
SPICED CHAI (powder)	4.5
HOT CHOCOLATE	4.5
ORGANIC MATCHA - contains honey	5.0
COCONUT TURMERIC	5.5

→ TEA ←

LARSEN & THOMPSON TEA GOOD MORNING EARL GREY WHITE PEONY PEPPERMINT CHAMOMILE LEMONGRASS & GINGER	5.0
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→ SUPERFOOD SMOOTHIES ←

SNICKERS (VE) Natural protein, banana, peanut butter, dates, nectar, almond milk	12.5
PROTEIN WARRIOR (VE) Natural protein, blueberries, maple, peanut butter, cinnamon, maca, almond milk	12.5
MAGNESIUM MANGO (VE) Natural protein, mango, banana, chia, maca, nectar, magnesium citrate, almond milk	12.5
UNEARTHED (VE) Spinach, banana, blueberries, almond butter, coconut yoghurt, maca, hemp seeds, nectar, almond milk	12.5
FIELDS (VE) Spinach, matcha, banana, hemp seeds, marine collagen, Welltech vanilla protein, almond milk	12.5
POWER RANGER (VE) Natural protein, 5 senses espresso, double peanut butter, dates, banana, oat milk	12.5
BANANARAMA Banana, cinnamon, double strained country yoghurt, honey, chia, full cream milk Change to Alternative Milk +0.5	10.5

→ THICKSHAKE ←

CAPPUCCINO THICKSHAKE Change to Alternative Milk +1.0	11.5
OREO THICKSHAKE Change to Alternative Milk +1.0	11.5

→ FRESHLY SQUEEZED ←

ORANGE OR APPLE	9.0
CLEANSE Spinach, celery, apple, lemon	10.0
VITAMIN Orange, carrot, ginger	10.0
IMMUNITY Orange, apple, lemon, mint	10.0

Dearest *you*,

We opened St Rose in the hopes that it would
 create a *community* through coffee.

We hope that St Rose has been with you
 on your good days and also on the days
 where you might feel alone or scared or confused
 with big questions.

We created a place to encourage you, to love you,
 and to help you on your path to becoming who you are.

You are *important*, you are here on purpose, and you
 deserve to be the best version of you.

St Rose is the place we needed.
 St Rose is a place *everyone* needs.

From our heart to yours,
 St Rose is for you.

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